Cucumber Honey Eye Nourisher



Ingredients

* 1 Tbsp. - aloe vera gel
* 2 tsp. - cucumber, peeled with seeds removed
* 1/2 tsp. - chamomile tea
* 1/2 tsp. - honey

Directions

Steep chamomile tea in boiling water. Set aside to cool. In food processor or blender combine cucumber, aloe vera and honey. Blend on low setting. Add chamomile tea. Blend until smooth. Apply gently under eyes using ring finger. Store in glass dish covered with plastic wrap in refrigerator for up to one week. Best applied chilled.

TIP

Potential Benefits: May help reduce puffiness and refresh contours under eyes.